
Event Ideas

Now is a good time to begin planning ways you may want to observe...

Bells for Remembrance

On Mother's Day 2003

Consider setting aside a moment during your worship service to ring bells, strike an organ key or silently remember...

- ☞ The importance of mammography and early screening for breast cancer.
- ☞ The survivors of breast cancer and those still fighting the disease.
- ☞ Loved ones who have passed away and their families and friends.

In addition to ringing bells, you may also consider...

- ☞ Dedicating a hymn, prayer, special meditation or moment of silence.
- ☞ Inviting a breast cancer survivor to say a prayer or give a personal testimony.
- ☞ Leading a service (sample available) to remember cancer patients and their families
- ☞ Reproduce in your newsletter or bulletin a story from a community member talking about breast cancer screening.
- ☞ Printing an insert in your bulletin or newsletter about the *Bells for Remembrance* program.
- ☞ Lighting candles in memory of those who have been lost to breast cancer.
- ☞ Setting up a display of educational materials about breast health in your fellowship hall, classroom, or entryway.
- ☞ Ordering additional materials from the National Cancer Institute publication catalogue, or your local American Cancer Society. Other material can be downloaded and printed from the Breast Health Connection of Georgia website at www.breasthealthga.org.
- ☞ Taking photographs of your Mother's Day worship service, health ministry program or women's group for future display.

Before or After Mother's Day 2003

Consider setting aside some meeting time near Mother's Day for the women in your group to learn more about breast health by...

- ☞ Inviting a breast cancer survivor to speak at your meeting.
- ☞ Inviting a health care professional (a doctor or nurse who belongs to your congregation or who works at a local hospital or health department) to speak to your members.
- ☞ Showing an educational video and leading a discussion about breast health.
- ☞ Joining the Tell-A-Friend program by calling the American Cancer Society at 1-800-ACS-2345 to help ensure that all women age 40+ have a yearly mammogram.
- ☞ Honoring women in your group who have had their annual mammogram.
- ☞ Starting a health ministry to develop an ongoing way to promote breast health in your congregation and include other health programs throughout the year.
- ☞ Start a health program using the "Health and Wholeness" guides led by a parish nurse or medically trained member of your congregation.
- ☞ Setting up a phone reminder system to help women practice good breast health.
- ☞ Helping women with transportation needs to get to their annual mammogram appointment or to their doctor for their annual clinical breast exam.