



What is Bells for Remembrance?


The *Bells for Remembrance* Celebration is a public awareness program that provides information about breast health and encourages women to practice good breast health including annual mammograms, clinical breast exams and breast self exams. Traditionally held on Mother's Day, this educational program is a simple yet powerful way to promote breast health within congregations, religious services, community gatherings, and worksite forums. The goal of the *Bells for Remembrance* program is to increase awareness of the importance of good breast health, and assure that women are aware of the resources within their community for information, screening, treatment and support.


The *Bells for Remembrance* program has been incorporated into religious services and events in a variety of meaningful ways. Many congregations ring a handbell, organ, chime or recognize a moment of silence in support of:


We ask you to join us in our efforts to educate Georgians about the importance of early detection of breast cancer. Over 95% of women diagnosed in the earliest stages of breast cancer survive! The *Bells for Remembrance* program offers tools, educational materials and local support for your efforts to bring the message to your own congregation, group and loved ones.

For more information, visit the Breast Health Connection of Georgia website at www.breasthealthga.org or call 1-800-982-0411. x.3477

Ring Bells for Remembrance...

Once For the importance of mammography and good breast health


Twice For breast cancer survivors and those still fighting the disease


Thrice For lost loved ones and their family and friends


Mammograms Save Lives